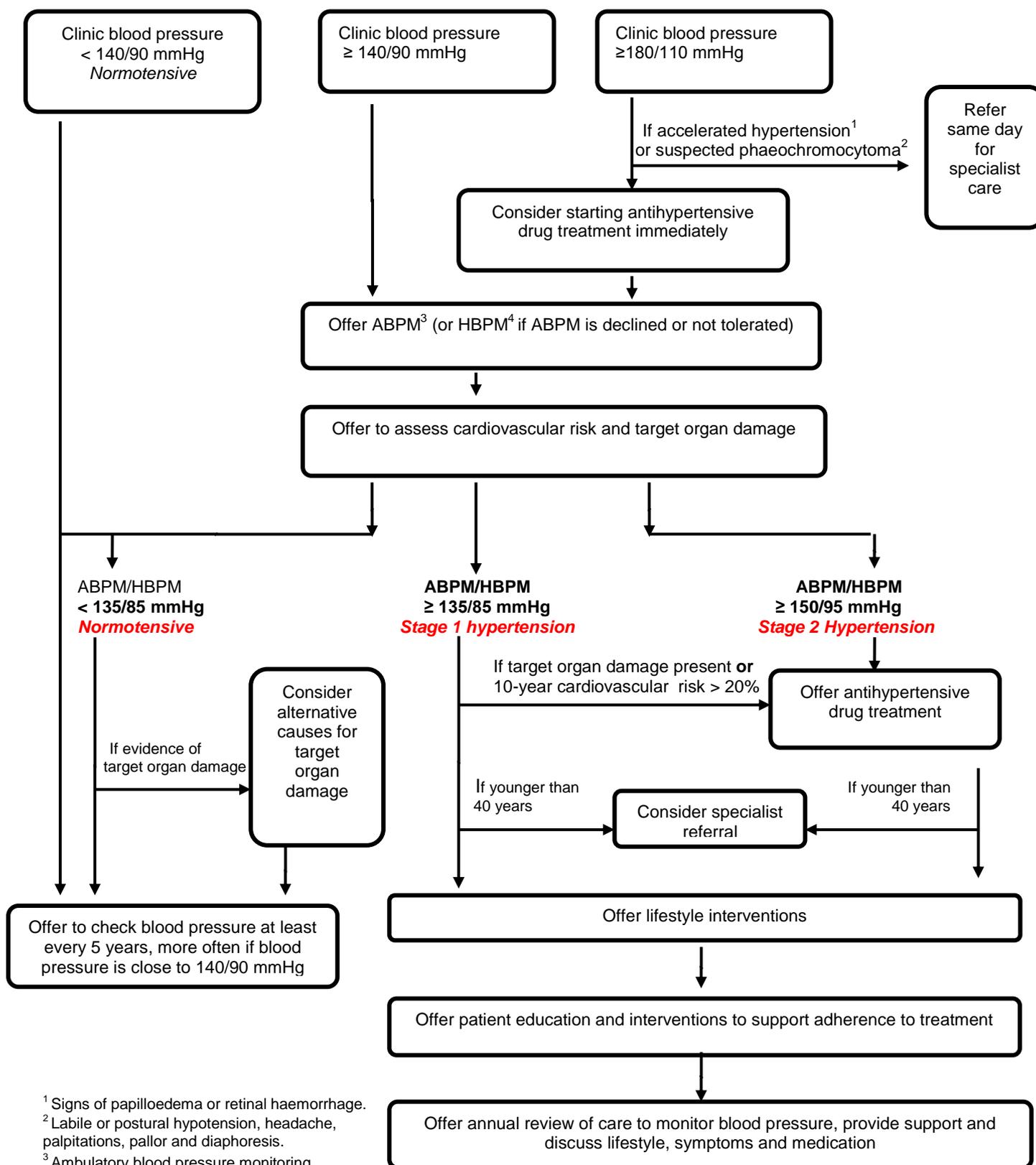


Clinical Guideline Hypertension (primary uncomplicated) — treatment (adults)

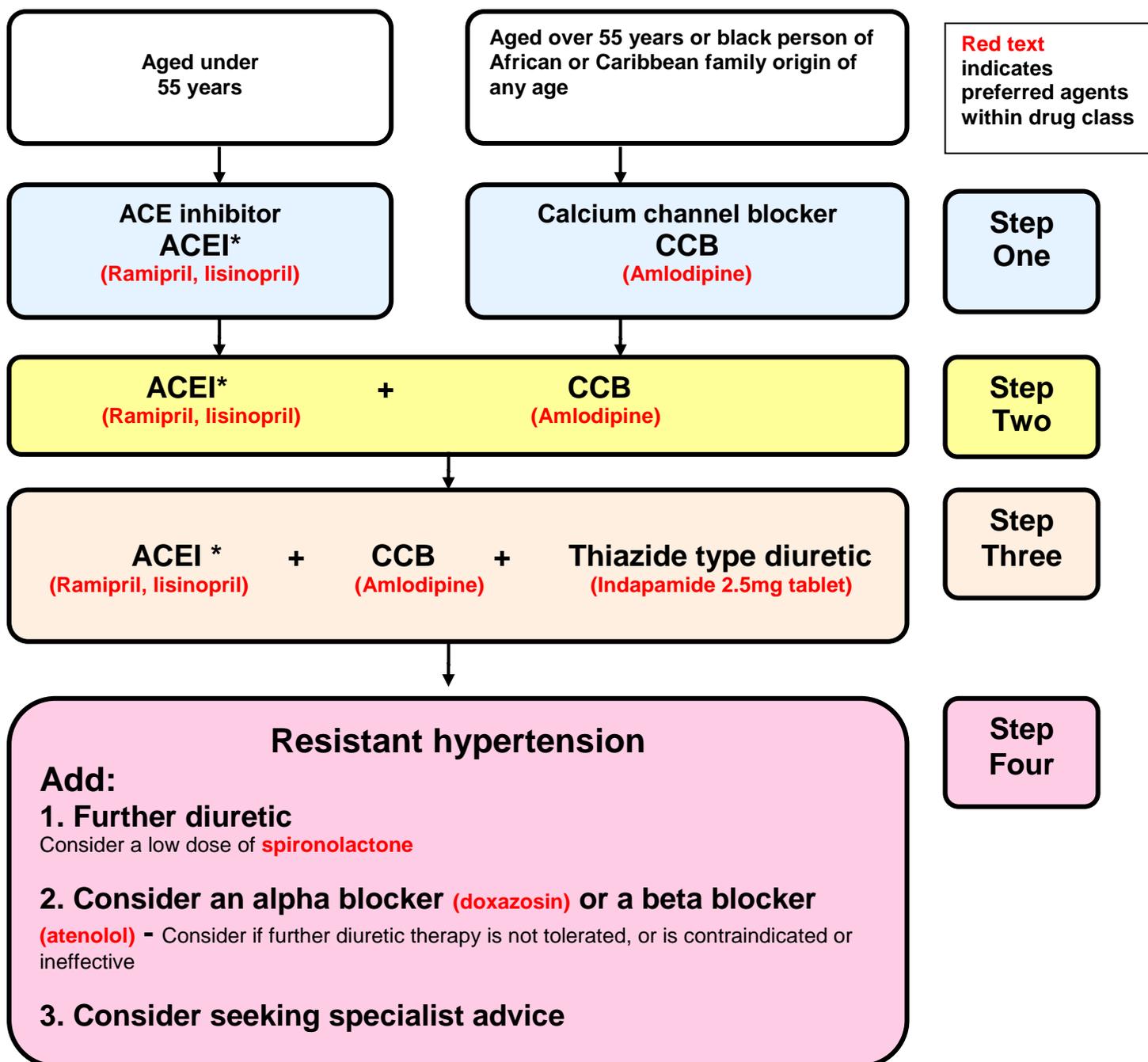


¹ Signs of papilloedema or retinal haemorrhage.
² Labile or postural hypotension, headache, palpitations, pallor and diaphoresis.
³ Ambulatory blood pressure monitoring.
⁴ Home blood pressure monitoring.

References

NICE Guidance CG127 Hypertension – Clinical management of primary hypertension in adults, August 2011

Antihypertensive drug treatment — summary



If BP remains uncontrolled with either optimal or maximum tolerated doses of four drugs, check adherence and seek expert advice if it has not already been obtained

*If an ACE inhibitor is prescribed and is not tolerated (e.g. due to an intractable cough), offer a low cost angiotensin receptor blocker (ARB) (e.g. losartan).

For black people of African or Caribbean family origin, consider a low cost ARB (e.g. losartan) in preference to an ACEi in combination with a CCB at step 2 or 3.

NOTE: For patients taking bendroflumethiazide or hydrochlorothiazide whose BP remains stable and well controlled, continue treatment