

EUROPEAN ANTIBIOTIC AWARENESS DAY



A European Health Initiative 

18 NOVEMBER



ANTIBIOTIC GUARDIAN

UK SUPPORT FOR EUROPEAN ANTIBIOTIC AWARENESS DAY

What is antibiotic resistance?

- when bacteria adapt and develop a way to protect themselves from being killed by antibiotics
- bacteria are more likely to develop resistance when antibiotics are overused or not used as prescribed

Why is it a problem?

- infections caused by antibiotic resistant bacteria are more difficult to treat leading to increased levels of disease and death and longer hospital stays
- operations like bone, heart or bowel surgery, and treatments like chemotherapy all require antibiotics to be successful; if our antibiotics do not work these procedures will become impossible without risk of infection

What can I do?

- become an Antibiotic Guardian by choosing a pledge to undertake a simple action that can help prevent the development and spread of antibiotic resistance

Developed by



Public Health
England

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