

GP Factsheet

Dysphagia

Nutlis Clear® is now the Wirral Formulary choice of thickener for patients with dysphagia.

We recommend that all current dysphagic patients on a thickener transfer over to Nutlis Clear® on a phased basis over the next few months. New patients will be commenced on Nutlis Clear®, and existing patients will be switched over either at their next review or after training has been provided to the residential/care home.

You will be informed about the change via a letter. For patients in a residential or care home this letter may be for multiple patients.

Please be assured that we will always aim to use up existing supplies before the new thickener is requested.



Benefits of Nutlis Clear®

Modifying the texture of fluids can alter their original appearance and taste, which may reduce compliance and fluid intake. Nutlis Clear® is a xanthan gum based thickening agent, which is designed to maintain the normal appearance of fluids. It is generally regarded as **more palatable** than starch based thickeners.

Standard starch-based thickening agents may not maintain their prescribed consistency. Nutlis Clear® has amylase resistant features which help to maintain the correct consistency of fluid if the bolus is held in the mouth. These factors may improve **patient compliance, fluid intake and quality of life.**

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Nutilis Clear® costs

Initially Nutilis Clear® may appear more expensive than other thickeners, but this does not account for the difference in scoop and tin size (see price comparison table).

	Tin Size (g)	FP10 Price*	Cost per Stage1 Drink*	No. of Stage 1 Drinks** per tin
'Nutilis Clear'	175	£8.46	£0.15	58
'Thick & Easy'	225	£5.21	£0.21	25
'Resource ThickenUp Clear'	125	£8.46	£0.16	52
'Nutilis Powder'	300	£5.01	£0.13	37

(*November 2016 MIMS **200ml drinks as per manufacturer dosage instructions).

'Nutilis Clear' is available in a 175g tin and can be ordered using the product code 60794 or PIP code 373-1908.

If you have any questions please do not hesitate to contact the Speech and Language Therapy Service.

Speech and Language Therapy Service

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